



NannyCON

NANNYCON 2024 CONFERENCE SCHEDULE

Saturday 27th April 2024	
Time	Event
VIP SESSION	
9.30am-10am	VIP Registration with refreshments Exhibitor Showcase
10am-10.30am	<i>Contract Clauses: Everything you should include led by Nanny Sharz</i> Main Hall
10.35am-11.05am	<i>Yoga Workshop led by Cinzia Cavedon</i> Wellness Hub
11.05am-11.35am	<i>Mindfulness Breathing led by Cinzia Cavedon</i> Wellness Hub
11am-11.35am	General Admission Registration Exhibitor Showcase
11.35am-11.55am	NannyCON 2024 Welcome Message Sponsor & Exhibitor Introduction Games Main Hall
12pm-12.45pm	<i>Anti Racism in the Early Years led by Shaddai Tembo</i> Main Hall
12.45pm- 1.30pm	<i>Play in Nature/Outdoor Play led by Sarah Seaman</i> Main Hall
1.30pm-2.15pm	BUFFET LUNCH
2.20pm-2.50pm	Panel Discussion: Improving Mental Health at work: What do you think Employers and Childcare Settings can do to support their employees Mental Health and Emotional Wellbeing? <i>Hosted by Greg Bottrill from Can I go and play now</i> Panel Discussion Speakers: Pamila Shanti (Sealight.life) Candi Vajana (The Experienced Nanny), Deidre (Dee) Ingham (Child Mental Health Psychotherapist), Veatriki Poulou (Nanny) Main Hall
2.50pm-3.10pm	Raffle & Games Main Hall
3.10pm-4.10pm	<i>First Aid Workshop led by Martin from Mini First Aid</i> Wellness Hub
3.10pm-3.55pm	<i>Improving health outcomes for all Communities through First Aid led by Angie Jay</i> Main Hall
3.55pm-4.15pm	NETWORKING BREAK
4.15pm-4.45pm	<i>Inspiring Mindful Wellbeing for Children led by Pamila Shanti</i> Main Hall
4.45pm-5.15pm	<i>Rep your Flag: Soca Movement for Stress Relief led by Nanny Sharz</i> Main Hall
5.15pm-5.30pm	Feedback Forms & Networking

Sunday 28th April 2024	
Time	Event
VIP SESSION	
9.30am-10am	VIP Registration with refreshments
10am-10.30am	<i>Working for High Profile Families led by Candi Vajana</i> Main Hall
10.30am-11am	<i>Zumba Workshop led by Louise Adams</i> Wellness Hub
11am-11.30am	<i>Pilates Workshop led by Louise Adams</i> Wellness Hub
11am-11.30am	General Admission Registration
11.30am-11.45am	NETWORKING BREAK
11.45am-12.30pm	<i>Nanny Etiquette: The unwritten rules to navigate nanny life successfully led by Nanny Sharz</i> Main Hall
12.30pm-1.15pm	<i>Play and Neuroscience: A Very Unusual Journey into Play led by Ben Kingston-Hughes</i> Main Hall
1.15pm-2pm	BUFFET LUNCH
2pm-2.30pm	<p>Panel Discussion- Effective Early Support for Neurodivergent Children: Could the Early Years Sector benefit from a wider multi agency network having the confidence to reach out & work alongside outside agencies/Caregivers to support a child with additional Neurodivergent needs? <i>Hosted by Greg Bottrill from Can I go and Play Now</i></p> <p>Panel Discussion Speakers: Melissa Blignaut (I teachSEN), Marsha Martin (Black SEN Mammias, Katie Gordon-Morris (The magic of early years)</p> <p style="text-align: center;">Main Hall</p>
2.30pm-3.15pm	<i>Channel your inner childcare CEO led by Kimberley Bhagat</i> Main Hall
3.15pm-3.30pm	NETWORKING BREAK
3.30pm- 4.30pm	<i>First Aid led by Martin from Mini First Aid</i> (Booking Required) Wellness Hub
3.30pm-4.15pm	<i>Improving Wellbeing through Art led by China Jordan</i> Main Hall
4.30pm-4.45pm	Raffle and Games Main Hall
4.45pm-5.15pm	<i>Qigong led by Pamela Shanti</i> Main Hall
5.15pm-5.30pm	Feedback Forms & Networking Announcement



NannyCON

WELLNESS HUB ACTIVITIES
SATURDAY 27th APRIL 2024

Chair Massages- 9am-5pm

Relax in between sessions with a professional masseuse providing FREE 10-minute massages through the day. No need to book. FIRST come first served.

Mini First Aid Workshop-SPACES LIMITED- 3.10pm-4.10pm

Join us for an exclusive two-part 1-hour Baby & Child First Aid workshop lead by Martin from Mini First Aid covering CPR, Choking, Burns, Breaks, and more.

Goal Setting- ALL DAY

Join us in setting some goals for the rest of the month or year. Get goal ready and be inspired!

Arts & Crafts- ALL DAY

We couldn't have a conference without crafts, we know crafts can be very therapeutic for some and hectic for others, but we love a creative. Come and join us and create a crafty NannyCON 2024 memory you can keep forever.

Positive Affirmations- ALL DAY

Here at NannyCON we love a positive affirmation. We love sharing them and creating them for others so come along and share your positive affirmation for yourself and others. Everyone needs a boost every now and again and this is the perfect place to find it.

#HAVE YOUR SAY

Leave us some words of encouragement or feedback and personalise it anyway you wish.

I WAS HERE Wall

Taking it back to the 90's & early 2000's with a I was here moment. Take a selfie with our instant polaroid camera and decorate our NannyCON I was here wall.

SUGGESTION BOX

Slip a note anonymously into our suggestion box for #NannyCON2025 topics and ideas

SUNDAY 28th APRIL 2024

Mandala Meditative Art 12.30pm-5.30pm

Come and join Ekta from @storybeyondlines for this magical and meditative activity and create a special gift for a loved one whilst exploring with different designs and colours. Create a bookmark, greeting card, mug or a coaster.

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